

South Central Connecticut Regional Water Authority

90 Sargent Drive, New Haven, Connecticut

Or

***Dial in by phone**

+1 469-965-2517,,647030205# United States, Northlake

Phone conference ID: 647 030 205#

AGENDA

Special Meeting of Thursday, January 22, 2026 at 11:30 a.m.

1. Call to Order
1. Safety Moment
2. AWA Update: S. Lakshminarayanan and R. Kowalski - *Upon 2/3 vote, convene in executive session pursuant to C.G.S. Section 1-200(6)(E) to discuss matters covered by Section 1-210(b)(5)(A)(B), pertaining to trade secrets and commercial and financial information.*
3. Possible consideration and action resulting from AWA Update.

*Members of the public may attend the meeting in person or by conference call. To view meeting documents please visit <https://tinyurl.com/4n5n366r>. For questions, contact the board office at 203-401-2515 or by email at jslubowski@rwater.com.

SAFETY MOMENT

SNOW SHOVELING SAFETY

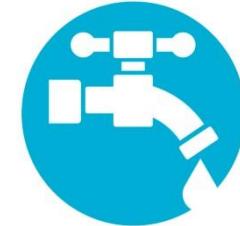
While most people won't have a problem, shoveling snow can put some people at risk of heart attack. Sudden exertion, like moving hundreds of pounds of snow after being sedentary for several months, can put a big strain on the heart. Cold weather can increase heart rate and blood pressure. It can make blood clot more easily and constrict arteries, which decreases blood supply. Individuals over the age of 40 or who are relatively inactive should be particularly careful.

National Safety Council recommends the following tips to shovel safely:

- Do not shovel after eating or while smoking
- Take it slow and stretch out before you begin
- Shovel only fresh, powdery snow; it's lighter
- Push the snow rather than lifting it
- If you do lift it, use a small shovel or only partially fill the shovel
- Lift with your legs, not your back
- Do not work to the point of exhaustion



**Tap Into
Safety**



Regional Water Authority



Service – Teamwork – Accountability – Respect – Safety

Safety is a core company value at the Regional Water Authority .
It is our goal to reduce workplace injuries to zero.

 Regional Water Authority